



# Turkish

## KITCHEN BAR & GRILL

9 Beach Esplanade, Sea Beach, Aberdeen

Unit 1, 9 Sea, Beach Blvd, Esplanade, Aberdeen AB24 5NS • tel. 01224 595333

[www.turkish-kitchen.com](http://www.turkish-kitchen.com)

[/turkishkitchenaberdeen](https://www.facebook.com/turkishkitchenaberdeen)

[/aberdeenturkishkitchen](https://www.instagram.com/aberdeenturkishkitchen)

### PASTAS

- Spaghetti Napolitana (V)** £13.50  
With fresh tomatoes, basil and shaved parmesan.
- Tagliatelle** £14.50  
Chicken or salmon cooked with Onion, Mushroom, spinach, with Creamy Pink sauce and melted mozzarella
- Chicken Penne Pasta** £14.50  
Cooked in a cream sauce with mushrooms, onions and baby spinach topped with melted mozzarella cheese.
- Creamy Salmon Penne** £14.50  
Cooked in a creamy white sauce, topped with parmesan.
- Veggie Penne (V)** £13.00  
Seasoned vegetables cooked in tomato sauce topped with melted mozzarella cheese.

### VEGETARIAN Gluten free without rice

- Vegetarian Moussaka (V)** £15.00  
Layers of potato, aubergines, courgettes, peppers, carrots, green lentils and feta cheese. Topped with béchamel sauce and served on tomato sauce with rice.
- Falafel (V) (G) (W)** £14.50  
With hummus and mixed salads.
- Courgette Cake (Mücver) (V)** £14.50  
Zucchini and feta cheese fritters, served with mixed leaves and yoghurt dip.
- Aubergine Boat (V) (G)** £14.50  
Stuffed with mushrooms, asparagus and halloumi, topped with melted mozzarella on homemade tomato sauce. Served with basmati rice and mixed salad.
- Okra (bamya) (V) (G) (N) (W)** £14.50  
Okra Cooked with peppers, onion, chickpeas in tomato sauce served with rice
- Vine Leaves (Dolma) (V) (G) (N) (W)** £14.50  
Vine leaves stuffed with rice, pine kernels and raisins. Served with mixed leaves and yoghurt.

### SALADS

- Halloumi Salad (G) (V)** £13.00  
Grilled halloumi cheese served with mixed leaves, tomato and salad dressing.
- Chicken Salad (G)** £14.00  
Chargrilled marinated tender pieces of chicken with halloumi, avocado, on a bed of mixed salad.
- Avocado Salad (G) (W) (V)** £12.50  
With mixed leaves tomato, cucumber, onion and salad dressing

### KIDS MENU (under 12 years only)

- Chicken Nugget with Chips £8.00
- Fish fingers with chips £8.00
- Meatballs with chips £8.00
- Chicken shish with chips £8.00
- Mix shish with chips £8.00
- Spaghetti Neapolitan £8.00
- Mini cheese Turkish pizza £8.00
- Cheese Burger with chips £8.00

V - vegetarian | N - contain nut | W - vegan | G - gluten free

### WOOD FIRE OVEN

- Baloon Bread (Puffy Bread)** £5.00  
Crumble cheese, homemade butter & organic walnut.
- Garlic Bread** £4.75
- Lahmacun** £4.75  
Turkish speciality with minced meat, fresh chopped vegetables and herbs. Lahmacuns made with homemade dough and served with mixed salad.
- 2 Mini Lahmacun** £8.00
- 4 Mini Lahmacun** £10.00
- All Pides are made with homemade dough and mozzarella base and served with mixed salad.
- Cheese Pide** £12.50  
Mozzarella cheese and tomato.
- Turkish Sausage Pide** £13.50  
Turkish sausage and mozzarella.
- Halloumi Pide** £15.00  
Turkish halloumi, mozzarella cheese, bell peppers and sun dried tomato.
- Feta Cheese Pide** £14.00  
Feta Cheese, olive oil, oregano, cherry tomatoes and olives.
- Spinach Pide** £14.00  
Spinach and mozzarella cheese.
- Marinated Chicken Pide** £15.50  
Marinated chicken, mozzarella cheese and bell peppers.
- Minced Meat Pide** £14.00  
Minced meat with herbs and mozzarella cheese.
- Diced Lamb Pide** £16.00  
Diced lamb and mozzarella cheese.
- Vegetarian Pide** £14.50  
Vegetarian with mozzarella cheese, halloumi, mushrooms, spinach, cherry tomatoes, onions and peppers
- Mixed Pide** £16.50  
Mixed with mozzarella cheese, diced lamb, marinated chicken, Turkish sausage, halloumi, mushrooms, spinach, fresh tomatoes and onions.

### SIDES

- Chips £4.50
- Sweet Potato Chips £4.75
- Sautéed Mushrooms £4.50
- Mixed Vegetables £4.95
- Cous Cous £3.50
- Rice £3.50
- Mashed Potato £3.50
- Mozzarella Sticks £4.50
- House Salad £4.95
- Asparagus £4.50
- Chilli Cheese Bites £5.00
- Garlic Bread £4.75

### COLD STARTERS

- Hummus (V) (G) (W)** £5.50  
With extra virgin olive oil, garlic and chickpeas.
- Cacik (Tzatziki) (V) (G)** £5.60  
Homemade creamy yoghurt with cucumber, garlic, mint and virgin olive oil.
- Tarama Salad Starter (G)** £5.60  
Smoked cod roe with olive oil and fresh lemon juice.
- Shakshuka (V) (G) (W)** £5.60  
Aubergines, potatoes, peppers, onion, prepared with tomato sauce.
- Mutabbal (V) (N) (G)** £5.60  
Smoked aubergines mixed with sesame paste, lemon juice, olive oil and hint of garlic.
- Vine Leaves (Dolma) (V) (G) (N) (W)** £6.50  
Vine leaves stuffed with rice pine kernels and raisins, served with mixed leaves.
- Kisir (V) (W)** £5.60  
A blend of bulgur, celery, parsley, peppers, mint and herbs in a dry tomato paste.
- Tabbouleh (V) (W)** £5.60  
Finely chopped parsley with fresh mint, onion and tomatoes, mixed with cracked wheat, olive oil and pomegranate molasses.
- Ezme Salad (V) (G) (W)** £6.50  
Finely chopped onion, tomato, peppers and parsley, topped with pomegranate sauce and olive oil.
- Feta Salad (V) (G)** £7.00  
With fresh tomatoes, cucumber, peppers and parsley with virgin olive oil and fresh lemon dressing.
- Marinated Mixed Olives (V) (G) (W)** £4.50

- Mixed Cold Mezze (minimum for 2)** £19.50  
Hummus, Tarama, Cacik, Shakshuka, Mutabbal and Kisir.

### HOT STARTERS

- Soup of the Day (V)** £7.50  
(Please ask your waiter)
- Falafel (V) (G) (W)** £8.00  
Deep fried chickpeas and broad beans served with hummus.
- Filo Pastry (Borek) (V)** £8.00  
Filo pastry with baby spinach and feta cheese, served with dressed leaves and sweet chilli sauce.
- Grilled Halloumi (G)** £8.50  
Drizzled with virgin olive oil, served with mixed leaves.
- Grilled Sucuk (Turkish Sausages) (G)** £8.00  
Grilled spicy Turkish sausage.
- Courgette Cake (Mücver) (V)** £8.50  
Zucchini and feta cheese fritters, served with mixed leaves and yoghurt dip.
- Chargrilled Lamb Köfte (G)** £8.50  
Minced lamb with herbs, served with basmati rice
- Fresh Calamari Fritters** £9.00  
Served with homemade tartare sauce on bed of mixed leaves.
- Grilled Chicken Halloumi Köfte (G)** £8.50  
With minced chicken and halloumi, served with mixed salad.
- Chicken Wings (G)** £8.00  
Marinated and chargrilled chicken wings served with salad.
- Humhus Shawarma (G) (N)** £8.50  
Sautéed finely diced lamb pan fried with mixed herbs and pine kernels on a bed of homemade creamy hummus.
- King Prawns (G)** £9.50  
Sautéed with spring onion, tomatoes and garlic butter sauce.
- Mushroom Halloumi (V) (G)** £8.50  
Lightly pan-fried mushrooms and halloumi cheese cooked with garlic and spices.

- Grilled Octopus (G)** £10.50  
Marinated grilled octopus leg with olive oil, basil, oregano asparagus and cherry tomatoes.

- Chicken Liver (G)** £8.50  
Pan-fried chicken liver cooked with herbs, served with salad.

- Mixed Hot Mezze (minimum for 2)** £23.00  
Falafel, halloumi, borek, sucuk, calamari, courgette cake.

### FROM THE GRILL

All gluten free without rice or wheat pilaf

- Chicken Shish (G)** £19.50  
Chargrilled marinated tender pieces of chicken on skewers, served with rice.
- Lamb Shish (G)** £22.00  
Chargrilled marinated tender pieces of lamb on skewers, served with rice.
- Adana (Shish Köfte) (G)** £19.00  
Chargrilled spicy hand chopped minced lamb with herbs, served with wheat pilaf.
- Chicken Wings (G)** £18.50  
Marinated and chargrilled chicken wings, served with rice.
- Chargrilled Köfte (G)** £18.00  
Minced lamb with herbs, served with rice.
- Lamb Chops (Pirzola) (G)** £22.50  
Marinated and chargrilled with rice and pan-fried fusion mixed vegetables.
- Pistachio Kebab (N) (G)** £20.00  
Hand chopped minced lamb with pistachio, cheese, pine kernels, served with rice.
- Chicken Breast (G)** £20.00  
Marinated chicken breast with creamy mushrooms sauce served with vegetables and rice.
- Iskender Kebab (G-without bread)** £19.50  
Choice of chargrilled köfte, chicken or lamb topped with specially prepared tomato sauce, creamy yoghurt and butter sauce.
- Mix Grill Platter (G)** £24.00  
Lamb cutlet, lamb shish, chicken shish adana köfte, served with bulgur rice, grilled tomatoes and peppers.
- Lamb Ribs (Kaburga) (G)** £19.50  
Grilled lamb spare ribs seasoned with herbs, served with rice.
- Mix Shish (G)** £19.50  
Combination of lamb and chicken, served with rice.
- Chargrilled Chicken Halloumi Köfte (G)** £18.50  
With minced chicken and halloumi, served with rice.

- House Special (G) (for 2 people to share)** £70.00  
Lamb shish, chicken shish, adana köfte, chicken wings, lamb chops, lamb ribs. Served with rice & wheat pilaf.

- Feast Platter (G) (for 4 people to share)** £120.00  
Mix starters, hummus, cacik, tarama, shakshuka, kisir, Lamb shish, chicken shish, adana köfte, 8 pieces chicken wings, 4 pieces lamb chops, 8 pieces lamb ribs. Served with rice & wheat pilaf.

### SEA FOOD

- Grilled Salmon (G)** £19.50  
Served on mixed vegetables and creamy mash potato.
- Fresh Calamari Fritters** £18.50  
Served with homemade tartare sauce, mixed leaves and chips.
- Grilled Octopus (G)** £23.00  
Marinated octopus leg seasoned with oregano, olive oil, lemon drizzle, served with salad and chips.
- Sautéed King Prawn (G)** £23.00  
Sautéed with spring onion, cherry tomato and garlic butter sauce, served with rice.
- Grilled King Prawn (G)** £23.00  
Chargrilled king prawn with garlic, basil sauce, served with salad and chips.
- Ocean Sea Food Kebab (G)** £23.00  
King prawn, Salmon, monkfish served with stir-fry vegetables and mash potato.
- Sea Bass Fillet (G)** £21.50  
Grilled Sea bass fillet served with vegetables and mash potato.
- Monkfish Casserole (G)** £21.00  
Monkfish cooked with onion, peppers, creamy tomato sauce, served on mash potato.

### CHEF'S SPECIALS

Gluten free without rice

- Incik (Klefitico)** £23.00  
Lamb on the bone roasted slowly in its own juices, served with roasted Mediterranean vegetables and rice or mash potatoes.
- Meat Moussaka** £19.00  
Layers of potatoes, courgettes, aubergines and minced meat with béchamel sauce served with fresh tomato sauce and rice.
- Chicken Casserole (G)** £18.50  
Slow cooked diced chicken with mushrooms, onions, peppers and garlic in an authentic tomato sauce. Served with rice.
- Lamb Casserole (G)** £19.50  
Slow oven cooked diced lamb with mushrooms, onion, peppers, and garlic in an authentic tomato sauce. Served with rice.
- Chicken Ala Cream (G)** £20.00  
Grilled diced chicken fillet with double cream, asparagus, mushrooms, cheese and mixed peppers. Served with rice.
- Rolled Lamb or Chicken Beyti** £21.00  
Spicy minced lamb or chicken seasoned with garlic, onion, green peppers and parsley, rolled up with bread and served with rice and yoghurt. Finished with a butter sauce.
- Stuffed Chicken (G)** £23.00  
Grilled Chicken Breast, stuffed with mozzarella, spinach topped with creamy mushroom sauce on mashed potato and parmesan.

V - vegetarian | N - contain nut | W - vegan | G - gluten free

V - vegetarian | N - contain nut | W - vegan | G - gluten free

